

Folly Hill Infant School



RELATIONSHIPS AND SEX EDUCATION POLICY

Safeguarding suite

Signed Chair of Governors

Signed Headteacher

Date: Autumn 2019

Review Date: Autumn 2020

INTRODUCTION

This policy clarifies the provision of relationship and sex-education (RSE) to all pupils at Folly Hill School and the teaching of human growth and reproduction as set out in the National Curriculum. We follow the guidelines that relationship education is delivered through the PSHE (Personal, Social, Health and Emotional) curriculum and sex education through the science curriculum.

RSE is defined as “lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health.”

(DfES, 2000: 5)

As with any areas of learning, our teaching is aimed sensitively to the age and level of understanding of the children.

The objectives of the RSE policy are to:

- Help and support pupils through their physical, emotional and moral support; and
- Learn to respect themselves and others and move with confidence through their lives to achieve their potential.

The aims of the RSE policy are:

- To develop confidence in talking, listening and thinking about feelings and relationships
- To ensure that opportunities are provided for children to develop their social skills
- To promote children’s confidence through the development of communication, decision-making, personal relationships and strategies for managing change
- To enable children to develop a positive self-image and encourage individual self esteem
- To develop resilience, to know how and when to ask for help, and to know where to access support
- To enable children to explore the values and attitudes of themselves and others
- To assist children in their development as responsible members of the community
- To enable children to acquire basic awareness and knowledge about health and development of plants and animals and themselves
- To teach the characteristics of good physical health and mental wellbeing

Parents/Carers

Relationship Education is a lifelong process that begins informally in the home with parents and carers long before children's journeys through school commences.

It is the role of the parent/carer to guide their child(ren) through their relationship and sex education and the views of parents/carers need to be borne in mind when developing this policy. Parents/carers should be consulted to ensure that the policy reflects their wishes and the culture of the community served by the school.

The school will support parents/carers through sharing literature and by being available if families need to discuss individual issues.

STATUTORY DUTY

IN accordance with the Education Act 1996, the Governing Body will keep the School's policy for RSE up to date and published, in consultation with parents. The Relationship Education, RSE, and Health Education (England) Regulations 2019 have made Relationship Education compulsory in all primary schools. Sex education is not compulsory in primary schools- please see below for the coverage in Science at KS1.

Children should be able to form relevant relationships, and this is an important part of our role in safeguarding.

RELATIONSHIP AND SEX EDUCATION

Folly Hill Infant School offers a Relationship Education Programme tailored to the age and physical and emotional maturity of the children.

Relationship education provision will cover:

- how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
- how to recognise and manage emotions within a range of relationships
- how to recognise risky or negative relationships including all forms of bullying and abuse
- how to respond to risky or negative relationships and ask for help
- how to respect equality and diversity in relationships

and is provided through our PSHE Scheme of learning.

Autumn term: Being a TEAM a player & safe and sound

Spring term: Reach for the stars & Count on me!

Summer: Healthy and happy & flourish

Sex education will cover:

- describing the importance for humans to exercise, eating the right amounts of different types of food and hygiene (Science)
- identifying, naming and labelling the basic parts of the human body (Science)
- noticing that animals, including humans, have offspring which grow into adults. (Science)

RSE will be taught through whole class, group or individual approach as appropriate, using a range of resources and teaching styles such as circle time. RSE may also be referred to where relevant during topic work or in response to individual children's needs and questions as they arise and would then be treated sensitively.

Schemes of learning for PSHE and Science can be found on the school website:

<http://www.folly-hill.surrey.sch.uk/pshe>

<http://www.folly-hill.surrey.sch.uk/science>

Staff and Governors

Staff are required to adhere to the school's policy on confidentiality between themselves and pupils, especially when they believe a pupil has put himself or herself at moral or physical risk or in breach of the law. Staff cannot offer or guarantee absolute confidentiality. It is only in the most exceptional circumstances that schools should have to be in the position of having to handle information without parental knowledge.

Where there are grounds for concern, child protection issues need to be addressed and reported to the Designated Safeguarding Lead. The school's policy on confidentiality may encourage pupils to talk to their parents or carers and

give them support to do so. If there is evidence of abuse, the school's child protection procedure should be adhered to.

Staffs' beliefs and attitudes will not influence the teaching of the RSE on curriculum. Teaching will be matched sensitively whilst children's questions will be answered sensitively and honestly. Partnership with parents is essential and staff will consult with parents where appropriate.

Pupils

Pupils need to be taught to behave responsibly towards others and themselves and to be able to make informed decisions. Termly assessment of pupil's views and understanding in this area will be used to inform the next steps in the learning.

MONITORING, EVALUATION AND REVIEW

The Governing Body will review this policy annually and assess its implementation and effectiveness. The policy will be promoted and implemented throughout the school.

This policy is an agreed statement of our intentions and commitment to RSE across the school.

Equal Opportunities

The school endeavours to provide equal opportunities to all children regardless of age, gender, ethnicity and ability including SEN and for those whom English is a second language so that the needs of each child are considered when planning the curriculum, to ensure an inclusive environment so that each child reaches their potential.

Links with other policy's

PSHE and Citizenship

RE

PE

Physical activity

Science and Foundation subjects

Single Equality

SEND

Anti-bullying

Child protection and Safeguarding policy

USEFUL ADVICE FROM PARENTS to PARENTS

- *Check other parents have the same values as you before your child goes to tea etc.*
- *Have a family council – very useful if step siblings are part of family*
- *Think about how you as a parent react to what your children tell you- it may have a long-term impact especially if you want to keep communication channels open*
- *Children need to know where the boundaries are and sometimes want you to say no in order to save face with their friends*
- *If unsure about a new friendship, consider inviting yourself to tea as well as your child or invite the child and parent to your home*